

True's Ledges Natural Area

0.3 mile of trails / Rated 2, Easy but hazardous

Seemingly nondescript trail descends through woods to the dramatic True's Brook, which drains much of southwest Lebanon. Parking is along the south side of True's Brook Rd. before the first bridge, about 0.8 mi. east of 12A. Please do not park on private property.

Highlights: Rocky gorge (between upstream and downstream parcel boundaries, True's Brook drops some 50 ft. in elevation along 700 linear feet of shoreline with 3 dramatic overlooks); long-popular local swimming hole; varied plants and animals (aquatic, riparian, and upland species share relatively small area). In 1998, local efforts succeeded in City's acquisition of this parcel; now permanently conserved by easement to Upper Valley Land Trust.

